



**GERMAN
INTERNATIONAL
SCHOOL | Boston**

After School Program

Lower Campus

Content and Structure of the After School Program (ASP)

Students at our Lower Campus have the choice between a 2:00 pm departure or the Full Day and After School Program 4:00 pm departure, decided at the time of enrollment for the full year. Children who stay until 4:00 pm will enjoy a “tasting menu” of special classes like yoga, science, and music.

Students enrolled through 4:00 pm may also sign up additionally for 5:00 pm or 6:00 pm departure. After 4:00 pm, students continue with the same team of early education faculty. This afternoon period is a non-academic time for fun, free play, and social-skill building. All activities for Preschool and Kindergarten will take place at the new campus or its immediate surroundings.

Cost of ASP after 4:00 pm: \$190 per scheduled hour

Example of costs:

- daily 5:00 pick up (5 scheduled hours): \$950 for the semester
- daily 6:00 pick up (10 scheduled hours) = \$1,900 per semester
- flexible schedule (two days until 4:00, two days until 5:00, one day until 6:00 = 4 scheduled hours) = \$760 for the semester

We offer a 30% sibling discount.

Students should be picked up at or before their scheduled pick-up time to avoid late fees.

Behavior: Participation in classes is subject to the requirements set forth by the instructor with regard to age or level of experience. Students must be capable of participating in the activity in a way that is not disruptive to the instructor or to other students. If your child's disruptive behavior impacts the experience of fellow students in the course, you will be contacted. If the behavior persists, your child may be temporarily or permanently dismissed from the class.

Class Descriptions

Students will rotate through the following classes

Dance

Taught in English

Teacher: Alexis Murphy

Thursdays for Vorschule

Mass Motion Dance will be offering a beginner dance and creative movement class introducing young dancers to basic dance terminology, coordination exercises, stretching and flexibility training. The faculty will introduce basic ballet principles, hip hop moves, music appreciation and discipline skills in a variety of fun and exciting ways. Memory skills and team work concepts are developed in an enjoyable setting, teaching young movers the pleasure of dance.

Inventor Mentor

Taught in English

Teacher: Terry Murray, The Inventor Mentor www.inventormentor.org

Wednesdays for Kindergarten and Vorschule

In this after school workshop Terry, the Inventor Mentor, guides students through the entire invention process, from the initial stages of brainstorming ideas straight through to prototyping and building their inventions. In past workshops students have designed boats, fishing rods, robotic spiders, rocket launchers and even hovercrafts!

Taekwondo

Taught in English

Teacher: Ms. Amy Maillet from CW Taekwondo www.cwtkd.com/press/about/instructors/

Tuesdays for Vorschule students.

Taekwondo is fun yet challenging, and provides a comprehensive form of physical education that will build strength, self-confidence, and coordination. The class will also provide a framework of goal setting and achievement that teaches the virtues of respect, discipline, and the value of hard work! Uniforms can be ordered and purchased (\$30) directly by Amy if desired.

Yoga and Mindfulness for Children

Taught in German

Teacher: Ms. Beate Frances

Mondays for Kindergarten and Vorschule

This Yoga class playfully introduces young children to concepts of yoga and mindfulness through movement, music, yoga poses, games and stories. Students should wear comfortable clothes and bring a towel or blanket, yoga mats will be provided.

Music Makers

Taught in German

Teacher: Ms. Dunja Pechtstein

Fridays for Vorschule

Music Makers is designed for children ages 5-6. We will learn to play simple songs and accompany songs while we sing. Other components are listening to classical compositions, getting to know the different instruments of an orchestra, lots of movement, and tonal and rhythm patterns. Through echoing patterns, the children will build a vocabulary of musical phrases. The children are encouraged to practice 5 minutes a day.

Dunja Pechtstein is a professional musician and has been offering German Musikgarten classes for children ages 0-7 in the Boston area since 2007

Musikgarten

Taught in German

Teacher: Ms. Dunja Pechtstein

Fridays for Kindergarten

In the Musikgarten class the children will learn both traditional German songs and new songs. We will echo rhythmical and tonal patterns and use resonator bars to support the in-tune singing. The use of drums, small instruments and rhythm sticks will enhance the sensation of beat. Dancing and story-telling will engage the imaginative child. Parents will receive a German Musikgarten book, CD and a pair of rhythm sticks. They can support their child with singing songs and doing activities suggested by the teacher every week via e-mail.

Amazing Athletes

Teacher: Benton

Thursdays for Kindergarten

At Amazing Athletes, we use sports as a catalyst to meet the needs of the whole child through non-competitive, sports-based fitness classes designed to advance each child's individual motor-skills and inspire future participation in physical activity.

Martial Arts

Taught in English

Teacher: Gabe from Velocity Martial Arts

Tuesdays for Kindergarten

Classes focus on developing coordination, balance, and listening skills through the fun and excitement of the martial arts. Each class consists of different sections to ensure that students have a well-rounded experience of mental and physical exercise. Instructors discuss important themes such as effort, responsibility, staying hydrated, etc. This exercises students' cognitive processes as they are encouraged to answer and ask questions, as well as reach conclusions through deductive reasoning. Classes include specialized activity that is meant to improve one of many specific skills, such as catching, throwing, listening, running, hand-eye coordination. Additionally, students engage in martial arts practice during which students are taught to learn and remember basic martial arts techniques.